

C P H : L X



==== Copenhagen Lindy Exchange ====

★ 2017 ★

Dear participant

Welcome!

We are so excited to welcome you to the 5th edition of the Copenhagen Lindy Exchange! This year will be our biggest event yet in several ways: We've never had as many bands or dancers or as big a venue as we do this year. Even the organizer crew has been quite big.

With 500 dancers from 29 countries who bought a full pass, there's plenty opportunity to make new friends.

We also have an incredible lineup with amazing bands, DJ's and teachers from all around the world and together, we'll party hard during the night time. During the day, we have activities for everybody, whether you prefer cake, yoga or board games.

The entire event is based on volunteer work. Thank you to everybody who has contributed - even if only for one hour. We could not have done it without you!

We hope you will have a wonderful time and help make it an awesome event. Once again, welcome to Copenhagen, and welcome to CPH:LX17

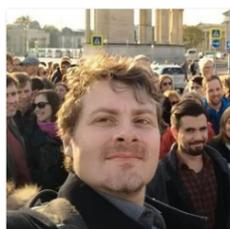
Swing out hard,
the organizer crew



Uffe



Stine



Peter



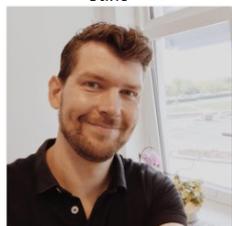
Per



Maria



Line



Klaus



Jonas



Johannes



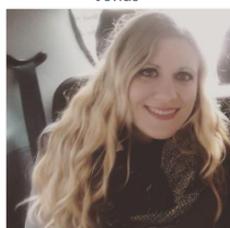
Jesper



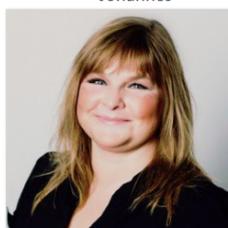
Hanne



Emilie



Christina



Berit



Allan

CPH:LX

==== Copenhagen Lindy Exchange ====

Check-in

Button

Check-in will be open at the venue at following times:

Wednesday 18.30 - 22.00

Thursday 18.30 - 21.00

Friday 18.30 - 21.00

Saturday 18.30 - 21.00

Sunday 13.30 - 15.00



If you bought a Late Night ticket, you can check in between 23.00 - 00.00 on Thursday and Friday, and between 00.00 - 01.00 on Saturday.

What happens at check-in?

You will get your CPH:LX wristband. Please do not remove your wristband during the exchange. The wristband is your ticket for the exchange. If your wristband is damaged during the exchange, go to the check-in desk to get a new one. After you received your wristband, you can enter the venue anytime during the evenings.

Cool!

Anything else about the check-in desk?

The check-in desk is also our information desk. This means that you can find information about daytime activities, different taster classes, and competitions.

You register for competitions at the check-in desk.

What should I bring for check-in?

A high five for the volunteers! (And as backup, your confirmation email on a device). We have lists of the names of all the participants, so only in rare occasions do we need to see the actual receipt.

But what if I can't make it in those hours?

Checking in during the hours makes everything easier - for us and for you. But if it's completely impossible, you have three options:

- 1) Check in during Late Night check-in instead.
- 2) Have a friend pick up your wristband.
- 3) Bring your PayPal receipt and show it to the doormen. They can give you a temporary wristband. It is your responsibility to have the temporary wristband replaced during the upcoming/forthcoming check-in hours.

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==== *Copenhagen Lindy Exchange* ====

Venue

We are so excited to open the doors into Østerbrohuset!

Click to see
a map

About Østerbrohuset:

The house itself was built in early 1900 as a depot for the trams in Copenhagen.

In 1980, the house re-opened as a public house with sports and cultural activities. The beams from the original depot are kept as a trademark of the house.



Copenhagen has a rich history of jazz music and we named the rooms at the venue after old jazz clubs in Copenhagen to honor that history:

Dansetten was a popular jazz club that opened in Tivoli in 1948. During summertime, it would be open every night, and on Wednesdays there were jitterbug competitions. Leo Mathiesen could be experienced here.

Blue Heaven was a night club at Vesterbro. Svend Asmussen often played here. At our Blue Heaven, you can dance and listen to blues music Thursday - Saturday.

Finally, Palladium. Named after the Palladium cinema at Vesterbro, where a restaurant and dance club had its place in the foyer. Before a screening of a movie, live music was played.



A few things to be noted about our new venue:

Facilities include free wi-fi and showers that can be used.

The neighbours are close.

This means we kindly ask you to be considerate of their night sleep when smoking or leaving the party.

It also means that we'll turn the volume down after midnight. Hopefully, you won't mind, since we've got some of the best speakers and sound systems we could find.

Please give us your honest feedback about the venue after the exchange.

Click for
more history



Dansetten, the original.

CPE:LX

==== Copenhagen Lindy Exchange ====

Getting around in Copenhagen

In Copenhagen you can get around by train, metro and buses. For finding your way around in Copenhagen by public transportation, Google Maps and journeyplanner.dk are helpful tools.

Tickets

Depending on how long you will be in Copenhagen, and the distance from where you'll be sleeping to the venue, there are different options. You can choose single tickets, 72 hours pass, or a 7 day flexcard. See [here](#) for more information.

You can download the app "DOT Mobilbilletter" for buying tickets on your mobile device, or buy tickets in 7eleven, or in machines on the station.

[Click here for Donkey bikes](#)

Bikes

The easiest way to get around in Copenhagen is by bike. There are several bike rental shops in Copenhagen, and we also have city bikes right outside the venue. Donkey Republic have a special discount code for participants at CPH:LX. Use the code CPHLX15 and get a 15 % discount when using their bikes. Donkey bikes can be found at Nordhavn station, 350 m from the venue.

[Click here to see a map](#)

How to get to the venue

- Take a S-train to Nordhavn station. Walk 350 m to the venue.
- Take bus 1A to the stop "Århusgade (Strandboulevarden)" and walk 200 m to the venue.
- Take bus 3A to the stop "Nordhavn station (Østbanegade)" and walk 400 m to the venue.



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==== *Copenhagen Lindy Exchange* ====

Wednesday

Warm-up party for CPH:LX

	Dansetten	Palladium	
19:00			Check-in 18.30 - 22.00
19:15			
19:30			
19:45		Martin & Minou (All Levels)	
20:00	DJ Bernie		
20:15			
20:30			
20:45			
21:00	Rhytm Baby Makers		
21:15			
21:30			
21:45	DJ Sussken		
22:00			
22:15	Rhytm Baby Makers		
22:30			
22:45			
23:00	DJ Bernie		
23:15			
23:30	Rhytm Baby Makers		
23:45			
00:00			
00:15			
00:30	DJ Sussken		
00:45			
01.00: Goodnight			

Check-in

Check in between 18.30 - 22.00.

Tasters

19.15 - 20.15

Own It! with Martin and Minou
Tools for building on your strengths as a dancer and developing your own Lindy Hop style.

Bands

The Rhythm Baby Makers from Sweden will kick off the CPH:LX with their dancable baby making rhythms.

Anything else?

Register for the competitions by the check-in desk.

Check out the Vintage Corner between 20.00 - 23.00.

Say hi to old friends and new people.

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==== Copenhagen Lindy Exchange ====

Thursday

Official Opening Night of CPH:LX

	Dansetten	Palladium	Blue Heaven	
19:00				
19:15				
19:30	Guy & Yana (Int adv/adv)			Check-in 18.30 - 21.00
19:45				
20:00				
20:15	DJ Jonas Larsson	Martin & Minou (Intermediate and up)		
20:30				
20:45				
21:00	Teachers intro			
21:15	Swing Shouters	DJ Sussken		
21:30				
21:45				
22:00	Intermediate J&J Prelims	DJ Bernie		
22:15				
22:30				
22:45	Swing Shouters		DJ Olga	Late Night check-in 23.00 - 00.00
23:00				
23:15			Jake Green	
23:30	DJ Sussken			
23:45				
00:00	Swing Shouters		DJ Olga	
00:15				
00:30	Int. J&J Finals		Jake Green	
00:45				
01:00	DJ Jonas Larsson		DJ Olga	
01:15				
01:30			Jake Green	
01:45				
02:00				
02:15	DJ Sussken		DJ Olga	
02:30				
02:45				
03:00: Goodnight				

Check-in

Check in between 18.30 - 21.00.
Late Night check-in between 23.00 -
00.00

Tasters

19.15 - 20.15
Musicality and rhythms w.
Guy & Yana.
In this class we will explore
different emphasis in the
music and see how can we
react to them

20.15 - 21.15
Time to jam! w. Martin and
Minou
Tips for entering jam circles,
making it great for everyone
and leaving an impression

Bands

In Dansetten, Swing Shouters from France will
make you shout in joy while energetically
swingin' hard.

*

On Thursday, Jake Green will open Blue
Heaven with heartfelt tunes.

Anything else?

Watch the teachers introduction. Cheer or take part in the Intermediate J&J.
Take a selfie with your new friends in our selfie booth. Check out the Vintage Corner between 20.00 - 23.00.
Cheer for the finalists of the Intermediate J&J!

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==== Copenhagen Lindy Exchange ====

Friday

International World Lindy Hop Day!

	Dansetten	Palladium	Blue Heaven		
19:00				Check-in 18.30 - 21.00	
19:15	Dom & Nora (Intermediate and up)	Guy & Yana (All Levels)			
19:30					
19:45					
20:00					
20:15	Shirt Tail Stompers				
20:30					
20:45					
21:00	Prof. Cunningham & His Old School				
21:15					
21:30	Shows				
21:45					
22:00	DJ Jonas Olsson		Guy & Yana (All Levels)		
22:15					
22:30			Solo Jazz Competition (prelims)		DJ Olga
22:45					
23:00	Prof. Cunningham & His Old School	Her Name & Mine	Late Night check-in 23.00 - 00.00		
23:15					
23:30	DJ Meghan	Christoffer Johansson			
23:45					
00:00	Shirt Tail Stompers + Solo Jazz Finals				
00:15					
00:30	Prof. Cunningham & His Old School	Her Name & Mine			
00:45					
01:00	DJ Stephan		Christoffer Johansson		
01:15					
01:30			Her Name & Mine		
01:45					
02:00	Christoffer Johansson				
02:15					
02:30	Her Name & Mine				
02:45					
03:00	Christoffer Johansson				
03:15					
03:30					
03:45					
04.00: Goodnight					

Check-in

Check in between 18.30 - 21.00.
Late Night check-in between 23.00 - 00.00

Tasters

19.15 - 20.15
Floorcraft w. Dom & Nora.
We will help and challenge
you with dancing on small /
crowded dancefloors and
give you tips & tricks for it

19.15 - 20.15
Learn Better w, Guy & Yana
We'll focus on peer to peer
communication and
feedback skills that will
help you get more out of
each class and personal
training session.

22.00 - 23.00

Blues for Lindy Hoppers w. Guy & Yana.
It's time to get smooth and funky with some blues
dancing baby!

Bands

Prepare yourself for a boiling hot party on Friday!

In Dansetten, Shirt Tail Stompers from UK returns for the CPH:LX with all their energy. They are quickly being recognised as one of Europe's best social dance bands. Led by trumpeter Steven Coombe, they have played numerous shows throughout Europe.

Also, you can enjoy the amazing American band: Professor Cunningham & His Old School who are just paying Copenhagen a short visit on their European dance event tour.

In Blue Heaven, you can experience the Danish blues band Her Name and Mine who finally are back at CPH:LX. They will take turns with the unforgettable Christoffer Johansson whose insisting voice makes even the most hardore lindyhopper stop and listen.

Anything else?

Yes, so much! Shows, Solo Jazz contest, selfie booth, Vintage corner. By now, you know the drill.
Also, Frankie Mannings birthday = International Day of Lindy Hop = Party hard

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==== Copenhagen Lindy Exchange ====

Saturday

Boat trip in the day, then swinging the night away

	Dansetten	Palladium	Blue Heaven	
19:00				Check-in 18.30 - 21.00
19:15				
19:30	Minou (All Levels)	Dom & Nora (Int Adv/Adv)		Late Night check-in between 00.00 - 01.00
19:45				
20:00				
20:15	Blue Harlem	Dom & Nora (All Levels)		
20:30				
20:45				
21:00				
21:15	J&J Prelims			
21:30				
21:45	Shirt Tail Stompers			
22:00				
22:15				
22:30	Blue Harlem		DJ Sussken	
22:45				
23:00				
23:15	Shirt Tail Stompers		DJ Olga	
23:30	/ J&J Finals			
23:45				
00:00				Late Night check-in 00.00 - 01.00
00:15	Blue Harlem		Betty & the Boys	
00:30				
00:45	Shirt Tail Stompers		DJ Olga	
01:00				
01:15			Betty & the Boys	
01:30		DJ Bernie		
01:45			DJ Olga	
02:00	Shellac Kings: Per & Stefan			
02:15			Betty & the Boys	
02:30		DJ Sussken		
02:45			DJ Olga	
03:00				
03:15				
03:30				
03:45	Party Warty			
04:00				
04:15				
04:30				
04:45				
05:00: Goodnight				

Check-in

Check in between 18.30 - 21.00.

Late Night check-in between 00.00 - 01.00

Tasters

19.15 - 20.15

Jazz Junction w. Minou.
All you cats join in! Come learn a fun, funky jazz routine with Minou.
It's time to solo dance.

19.15 - 20.15

Fancy variations w. flow w. Dom & Nora
How to have good flow & energy in your dancing and be able to go crazy on a crowded social floor.

20.15 - 21.15

Mini Jumps w. Dom & Nora

Surprise your partner with some mini jumps & bounces and have even more fun in your dancing. Use them also for musicality, to hit some breaks for example.

Bands

Welcome to another night with Shirt Tail Stompers. Also, welcome to another night with two swing bands in Dansetten.

For the first time at CPH:LX, we welcome Blue Harlem. They have an unmistakable heritage of being one of the best crossover bands performing music from the 1930's to the 50's.
The band mixes the best from three decades with musical genres such as jazz, swing and R&B.

In Blue Heaven, Betty and the Boys will bring the groove. The Copenhagen blues dancers discovered Elisabeth Novrup Boerck 4 years ago, and they fell in love with this great singer.

Anything else?

Besides the usual stuff? Yes!

The prestigious J&J competitions for all to join. Shellac Dj's with the old "rusty dusty" records before vinyl became fashion, followed by not-so-swinging party warty.

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==== Copenhagen Lindy Exchange ====

Sunday

Sadly the last day of CPH:LX

[Sign up here](#)

	Dansetten	
11:30		
11:45		
12:00		Potluck Brunch (at Strandvænget 55)
12:15		
12:30		
12:45		
13:00		
13:15		
13:30	Leonardo Pedersens jazzkapel	Check-in 13.30 - 15.00
13:45	Leonardo Pedersens jazzkapel	
14:00	DJ	
14:15	Leonardo Pedersens jazzkapel	
14:30	Leonardo Pedersens jazzkapel	
14:45	Leonardo Pedersens jazzkapel	
15:00	DJ	
15:15	DJ	
15:30	DJ	
15:45	Leonardo Pedersens jazzkapel	
16:00	Leonardo Pedersens jazzkapel	
16:15	Leonardo Pedersens jazzkapel	
16:30	Packing up	
16:45	Packing up	
17:00		
17:15		
17:30		
17:45		
18:00		
18:15		
18:30		
18:45		
19:00	After Party (Venue to be announced)	
...		

Potluck Brunch

Bring something for the table and start your day off with a cozy brunch together with everybody else.

Make sure you write in our Google Sheet what you will bring for the brunch.

The brunch is at Strandvænget 55, with the loveliest view of the sea. After the brunch, we will walk together to the venue (approx 10 min. walk).

Band

Leonardo Pedersens Jazzkapel (in English: the Chapel of Jazz by Leonardo Pedersen) have been around the Copenhagen scene for a long time. They will give us the perfect atmosphere for the last dances. They are great jazz musicians, and this Sunday they will be calibrated for lindy hop.

Anything else?

You can get 30 minutes massage by a professional masseuse in Palladium. Sign up is by Vintage Corner (which will be open).

Remember to check the lost and found box before you leave venue, and remember to high five a volunteer, hug your new friends goodbye, and exchange Facebook names (or whatever it is you wish to exchange).

Afterparty

If you're not done dancing, fear not! There will be an afterparty and it will be magnificent! Details will be posted on Facebook (suspense!)

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==== Copenhagen Lindy Exchange ====

Daytime Activities

Spend your days exploring Copenhagen
Register on the website

Click for schedule
& sign-up

Activity	Time	Signup necessary?	Price	Meeting place	Who can join?
Thursday					
Hair Styling Workshop	11.00 - 13.00	sold out	125 DKK	Badstuestræde 12	CPH:LX participants only
Østerbro City Walk	15.00 - 17.00	Only if you pre-order beer	Pre-order beer: 60 DKK	Østerport station	All can join!
Pop Up Hair Salon	19.45 - 21.45	Yes	150 DKK	Venue (Århusgade 103)	CPH:LX participants only
Friday					
Hair Styling Workshop	11.00 - 13.00	sold out	125 DKK	Badstuestræde 12	CPH:LX participants only
Cake Walk	12.00 - 14.00	Only if you pre-order cake	Pre-order cake: 70 DKK	Kultorget	All can join!
Board Games	12.00 - 16.00	Not necessary	Free	Venue (Århusgade 103)	CPH:LX participants only
Vintage Walk	14.00 - 17.00	Not necessary	Free	Torvehallerne	All can join!
Midway Spa Day	14.00 - 17.00	Yes	100 DKK	Øbro-Hallen at Gunnar Nu Hansens Plads 3	CPH:LX participants only
Akroyoga	16.00 - 17.30	Not necessary	Free	Venue (Århusgade 103)	CPH:LX participants only
Pop Up Hair Salon	19.45 - 21.15	Yes	150 DKK	Venue (Århusgade 103)	CPH:LX participants only
Saturday					
Boat trip w. live band	11.00 - 12.15	Not necessary	Free	Den Sorte Diamant	CPH:LX participants only
Dance Parade through Strøget	12.45 - 15.00	Not necessary	Free	Storkespringvandet	All can join!
Teachers workshop w. Pieter Aart	15.30 - 17.30	Yes	125 DKK	Venue (Århusgade 103)	CPH:LX participants only
Pop Up Hair Salon	19.45 - 21.15	Yes	150 DKK	Venue (Århusgade 103)	CPH:LX participants only
Sunday					
Potluck Brunch	11.30 - 13.30	Yes please	Free - bring something for the table	Strandvænget 55	CPH:LX participants only

CPH:LX

==== Copenhagen Lindy Exchange ====

Private classes?

If you're interested in taking a private class with one or two (or even three!) of the teachers, you can!



From left to right:

Dom: domandnora@gmail.com

Nora: domandnora@gmail.com

Guy: guygrassiani@gmail.com

Yana: yana.meyst@gmail.com

Minou: minooo@hotmail.se

Martin: martin@martinlasthein.com

The classes will take place at the venue.
Booking and payment will go directly through the teachers involved.

Vintage Corner & Merchandise

The Vintage Corner is the shop of CPH:LX. Here, you can buy CPH:LX merchandise, and sign up for a time at the pop up hair salon, or the Sunday massage.

You can also buy clothes, shoes and accessories from other dancers.

If you have something to sell, you should definitely sign up. Click the button below to find out how.

More info about
Vintage Corner

Vintage Corner opening hours:
Wednesday – from 20.00 to 23.00
Thursday – from 20.00 to 23.00
Friday – from 20.00 to 00.00
Saturday – from 20.00 to 00.00
Sunday – from 13.30 to 16.00



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==== Copenhagen Lindy Exchange ====

Competitions

At CPH:LX, we'll have three competitions.

In a JnJ you sign up solo, and in the prelims you dance with different partners and are judged as an individual. In the finals, you are assigned a partner randomly, and will be judged as a couple. In the Solo Jazz contest, everybody brings their maddest solo moves.

Intermediate JnJ	Solo Jazz	Advanced JnJ
Who can join?	Who can join?	Who can join?
Only dancers who have danced for maximum two years.	Anybody!	Dancers who have danced a minimum of two years
Prelims	Prelims	Prelims
Thursday	Friday	Saturday
22.15	Friday at approx. 23.00	At approx. 21.15 (after the first set)
Finals	Finals	Finals
Thursday	Friday at approx. 00.15	Saturday
00.15		at approx. 23.30 to the Shirt Tail Stompers.
Prizes	Prizes	Prizes
Passes for Swingin' Spring, ALF and Hamburg LX	A Pass for Cirque de Solo!	Passes for GHX, BRUX and the Swing Challenge.
Signup is by the check-in desk. Limited spaces in JnJ. Make sure to secure your spot.		

All times are approx.!

What's in a name?

Recently, there's been some debate online if the name of the competition "Jack & Jill" should be changed due to its gendered specificity. If the name could make some dancers feel excluded from taking part in a contest.

As dancers and organizers, we've followed the discussion with interest. This year, we've chosen to use the abbreviation JnJ in our schedules, but since it's still short for Jack & Jill, it's not really a change, is it?

Let there be no doubt: We encourage everybody to participate in the competitions in any role you see fit. We hope everybody feels included and try to achieve this throughout the entire exchange.

However, we'd love to hear your thoughts about this, and let the discussion continue. Also, if you have ideas for what a new name could - or should - be, we are interested. There will be a discussion board at the venue where you can bring your thoughts and suggestions.

A re-cap of the discussion

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==== Copenhagen Lindy Exchange ====

How to have a great exchange

Experienced dancers may know this already, but here's some tips to how you can help us help everyone have a good time

Take care of others

On the dance floor:

Look out for your partner and the other dancers. If they're having a good time. If you're dancing according to the social dance floor. On crowded dance floors, everybody is responsible.

Outside the dance floor:

By being considerate and caring. If you see something that seems off, please say it.



Take care of yourself

Because exchanges can be fun and exhausting at the same time.

Remember to eat and drink, and to get the sleep you need.

Remember to take the breaks you need. Respect yourself to dance when you want to and not if you feel you should.

Spread the love

Introduce people you know to each other. If you see someone do something awesome, tell them! (most people love that)

Ask strangers for dances and remember: Accept the no's, enjoy the yes(es)

DON'T HESITATE

IF YOU NEED HELP

If you need help or support, feel free to contact the organizer in charge for the evening.

Picture and telephone number can be found by the check-in desk.

GPH:LX

==== Copenhagen Lindy Exchange ====

See you next year at the
Copenhagen Lindy Exchange
May 9th-13th 2018!

Greetings from
COPENHAGEN



www.cphlx.dk